



SWIM ENGLAND QUALIFICATIONS LEVEL 1 SWIMMING ASSISTANT (TEACHING) COURSE INFORMATION SHEET

Description

This qualification is aimed at those interested in supporting the teaching programme in a learn to swim environment utilising Swim England's Learn to Swim Framework (or equivalent). It is recognised as a Level 1 vocational qualification.

The qualification is designed to be a practical qualification providing the learner with an introduction to the skills, knowledge and abilities needed to be a Swimming Assistant in the learn to swim environment.

Role

The holder of the Swim England Level 1 Swimming Assistant (Teaching) is qualified to work under the supervision of a fully qualified Level 2 Swimming Teacher only. This qualification does not qualify the learner to teach independently.

Syllabus

This qualification is made up of 15 learning outcomes and 21 assessment criteria.

On achievement of the qualification, the learner will:

1. Know about the legal aspects of assisting in swimming lessons
2. Know about the responsibilities of the Swimming Assistant (Teaching)
3. Know about the role of the Swimming Assistant (Teaching) in promoting swimming
4. Know about fundamental movement skills
5. Know about the core aquatic skills
6. Understand the link between fundamental movement skills and core aquatic skills
7. Know about scientific principles in swimming
8. Know about the component parts of swimming strokes
9. Know about the components of a swimming lesson plan
10. Know about swimming equipment
11. Know about anxiety in participants
12. Be able to demonstrate communication skills in a swimming lesson
13. Be able to demonstrate motivational techniques
14. Be able to provide assistance in swimming sessions
15. Be able to review own performance

Pre-requisites

Learners must be at least 16 years of age on the first day of the course.
Be comfortable to swim and participate in the water.

Assessment

- All assessment criteria must be achieved
- All evidence produced by the learner must be their own work
- All assessment criteria are assessed by the tutor/assessor
- The assessment is made up of three parts:
 - Theoretical questions
 - Observation record
 - Review record

Certification

Once the learner has completed the course and all the assessment criteria have been completed York Swimming Academy Training can forward your results to Swim England Qualifications for certification. Certificates can usually arrive around 3 weeks following the end of the course.

Booking Procedure

Complete the attached booking form and return via e-mail to training@yorkswimmingacademy.com or by post to:

York Swimming Academy Ltd.
10 Park Avenue
New Earswick
York
YO32 4DB

Payment is required at least 14 days prior to the commencement of the course. Payment can be made via BACS transfer or card payment over the telephone.

Payment Options

We understand that paying for a course in one instalment can be tough. We have created the following payment plan to ensure that our courses are accessible to all:

To reserve your place on one of our courses, learners can pay a 25% deposit at the point of booking. The rest of the course cost can then be paid either in full or in manageable monthly instalments. The full balance must be paid 14 days before the course start date.

For more information on our payment options, please contact training@yorkswimmingacademy.com.